

# GEMMA MCFALL



**PAIN REPROCESSING THERAPIST | SIRPA TRAINED |  
CLIFTON STRENGTHS | ICF-PCC COACH**

Gemma has significantly impacted and empowered numerous individuals on their journey to recovery from anxiety and chronic pain. Her compassionate and personalized approach has resulted in positive transformations, allowing clients to overcome challenges and regain control over their well-being.

Gemma is a regular podcast guest, radio personality, and keynote speaker. Her ability to communicate complex concepts with clarity and empathy has positioned her as a trusted authority in the field, impacting lives on a global scale.

As well as being a specialist in Anxiety and Chronic Pain, she also has over 15 years experience working at a senior level within in the International Hospitality industry for brands such as Walt Disney World, Marriott and Fairmont Hotels. Her coaching methodology combines positive psychology and neuroscience providing life changing solutions for individuals and organizations all over the world.

- ICF-PCC Executive Coach
- Certified Gallup Clifton Strengths Coach
- SHRM - Senior Certified Professional (SHRM-SCP)
- Pain Reprocessing Therapist (PRT)
- Six Sigma Green Belt (CSSGB)
- Certified Clear Beliefs Coach
- Chronic Pain Practitioner - SIRPA UK
- International Laughter Yoga Instructor

